



Stevenage Education Support
Centre

*'A centre of excellence for inspiring
successful futures'*

VALUES:

Kindness, Teamwork, Resilience,
High Aspirations, Tolerance, Citizenship

Learning Roadmap: BTEC Level 1 Award in Home Cooking Skills

Upon successful completion of this course, you will be ready to pass information on to others and begin your BTEC level 2 Award in Home Cooking Skills.

**BTEC LEVEL 2
AWARD in
HOME
COOKING
SKILLS**

You will reflect on your own learning and ways you can improve upon your cooking skills – only then can we improve and pass skills on to others.

1. Be able to use cooking skills to make home-cooked food that does not use pre-prepared, ready cooked food.

You will learn different cooking skills and techniques whilst cooking a variety of cuisines. You will also learn about food safety, hygiene and procedures.

2. Understand the value of passing information about home cooking

You will plan a balanced and nutritious meal for two people.