

Course Title			
Sports Leaders: Level 1			
Outline of the Unit / Topic			
<u>Unit 1: Establishing Leadership Skills</u>			
LO 1: Know the skills and behaviours needed to lead others			
LO 2: Know how leadership skills and behaviours can be used in a range of situations			
LO 3: Be able to develop own leadership skills			
LO 4: Understand the roles and responsibilities of a Sports Leader			
<u>Unit 2: Plan, Assist in Leading and Review Sport/Physical Activities</u>			
LO 1: Be able to plan appropriate sport/physical activities			
LO 2: Be able to assist in leading appropriate sport/physical activities			
LO 3: Be able to review their role in the leading of sport/physical activities			
Assessment details			
Unit 1: Establishing Leadership Skills			
Unit 2: Plan, Assist in Leading and Review Sport/Physical Activities			
31 hours of Total Qualification Time (TQT).			
1 hour of leadership to peers – Unit2			
<ul style="list-style-type: none"> • Assessment of written tasks (task worksheets provided in the LER) • Plans and evaluations completed during the course 			
Staff Roles			
Mr Holbrook and Daryl Smith (Stevenage FC) will be delivering Sports Leaders.			
Equipment/Health and Safety			
All equipment will be provided by SESC.			
How will it be examined			
Unit 1: Establishing Leadership Skills			
<ul style="list-style-type: none"> • Tasks to be completed with the Learner Evidence Record (LER) 			
Unit 2: Plan, Assist in Leading and Review Sport/Physical Activities			
<ul style="list-style-type: none"> • Plan, assist and lead activities and evidence this within the LER. 			
Student Signature		Date	
Staff Signature		Date	